



REAL LIFE SENIORS

A MONTHLY CHURCH NEWSLETTER

March 2026

What happens when you come face-to-face with Jesus? Join us for our new sermon series, Face to Face, leading up to Easter Sunday. We'll explore the lives of seven different people whose stories were forever changed by a personal encounter with Christ. Whether you're looking for hope, grace, or a fresh start, there's a place for you here.



Sean McDowell

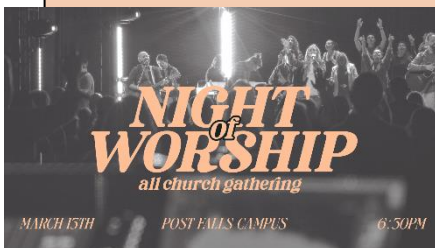
Thursday April 2nd 5:45pm Post Falls Campus

Get ready for an impactful evening hearing from author, speaker, and apologetics professor, Sean McDowell, as he talks about the evidence for the existence of God.

Night of Worship | Friday March 13th 6:30pm

Post Falls Campus

Join us for an all-campus night of worship at our Post Falls location on Friday, March 13th at 6:30pm. Everyone is welcome to join us as we sing together and give God all the glory. Looking forward to this powerful night as we gather together!



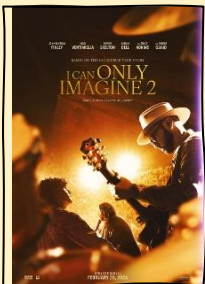
Movie Morning I Can Only Imagine 2

Wednesday March 11th 11am

\$4 Hayden Cinema

Based on the heartfelt true story behind the hit single "Even If,"

I Can Only Imagine 2 is the inspiring next chapter of faith, family and finding God in the fire.



RLM Seniors' Purpose Statement: We are a ministry to seniors and through seniors with a heart of service and a commitment to finish well. Our purpose is to more intentionally live out the vision and mission of Real Life Ministries. We want to declare the power of God to the next generation(s) and to love, honor, accept and serve one another.

What's Happening...

Meet & Greet | Sunday March 22nd 11:30am RLM 2

Membership Class Sunday March 8th 9:45 RLM 2 Auditorium, Childcare & breakfast provided

Ladies' Night Out | Friday March 13th 6:30pm RLM 1

Men's Breakfast | Saturday March 14th 8am RLM 1

Grief Share Sundays 9:45am or Thursdays 5:45pm RLM 2 Rm 206

Choir Saturdays 2-4:30pm Room 301 For more information call Sheri at 951-667-0532.

Bible Journaling Thursdays 11-1pm RLM 1 Rm 119

Pickleball at The Courts Mondays, Wednesday, Thursdays 8-11am. Email Bob at bobbeck49@gmail.com for more info.

Adult Stretch & Fit Tuesday and Thursdays 1pm at The Courts.

Knit, Pray & Crochet Wednesdays 12-2pm Rm 112

Men's Bible 101 Tuesdays 6:30am RLM 2

Quilting 2nd Saturday 1-5pm RLM Room 301 Call Lorie Weiss 509-280-1369 for more information.

War Room Prayer Tuesday 10am | Wednesday 5pm Rm 111

Post Falls SENIOR CONNECT

Friday | Food & Fellowship 11:30

Bring a main dish, side dish or snacks/dessert to share!

RLM 2 Auditorium

1860 N Cecil Road, Post Falls

March 6 Dan Lynch
March 13 Chris Belluomini
March 20 Dan Lynch
March 27 No Senior Connect

Prayer requests or answer to prayers may be sent to Gaylene by text or call 208.659.3849 or email to: gaylenescott@gmail.com

On Fridays at Senior Connect, we'll be exploring various passages and stories leading up to Easter, concluding with Good Friday April 3rd.



Don't forget to Spring Forward with Daylight Savings March 8th

Active Seniors....

Thursday | March 19th

Meet at **Sweet Lou's** in downtown Coeur d'Alene for a no host lunch and fellowship at 11am. Then we will go to the **Museum of North Idaho** which is now in the historic J.C. White House at the base of Tubbs Hill. Learn about the Coeur d' Alene Tribe and fur trading, logging, mining, steamboats, Fort Sherman and the Diamond Cup Hydroplane Races.

The museum cost is \$5. Please RSVP LaLea at 208-6618856 if you plan to attend.



Easter at Real Life Post Falls

Services:

SATURDAY, April 4th 4pm & 6pm

EASTER SUNDAY, April 5th 8:00am, 9:45am & 11:30am

Egg Hunts | The Fields at Real Life

Saturday, April 4th 3:30pm & the Glow Hunt 8pm

Please bring candy and drop off in the Lobby.



Coming Soon....

RLM
Youth
Mexico
Mission
Trip
Please
Pray!



Prayer Requests

Mexico Mission Trip

These students from the High School Youth Group at Real Life Ministries will be traveling to Mexico in March of 2026 to serve, share Jesus, and partner with the local ministries. Please join us in praying for the trip.

Prayer Points

- Partnering with local youth
- Service projects
- Team unity
- Spiritual growth
- Safe travels



ANCHORED Women's Conference

Friday April 24th & Saturday April 25th \$60 per person
Post Falls Campus, Building 1

Come spend a weekend Anchored and rooted in God's truth, be refreshed and encouraged alongside other women seeking to strengthen their faith.

Register online at: <https://www.reallifeministries.com/registration/anchored2026>

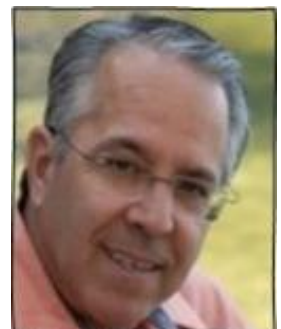
Legacy Coalition | A Resource for Grandparents

Grandparents are incredibly important to their grandkids and they are uniquely positioned to spiritually influence them. And they have a Biblical mandate to do so. Legacy Coalition's desire is for grandparents to look beyond the pleasures of the retirement culture and invest in the lives of their grandchildren. Yes, the grandparenting relationship has incredible potential for discipleship. Legacy Coalition wants grandparents to reap the rewards of their ministry to their grandkids. Check out this resource online at

<https://legacycoalition.com/>

Contacts for Seniors

Chris Belluomini | Seniors Ministry Lead
208.243.9499 cbelluomini@reallifeministries.com
Bobbi Putman | Seniors Coordinator
208.818.3285 bobbi@reallifeministries.com



Getting in the Game David and Mary Swarat



Senior Connect Worship leads

They met when Mary was 14 and David was 16 and went steady for 5 years. They married in 1967 and have 2 daughters. They will have been married 59 years this June, with five grandchildren and four great grandchildren. They have always helped at church, mostly in music and youth.

Respite Ministry has launched!

Sessions on Fridays from 10am to 2pm

Real Life Seniors Ministry is in partnership with *In Good Company*, an Alzheimer's & dementia respite program that provides social support for families. This faith-based, volunteer-driven model, provides fun and friendship for loved ones living with dementia. Program enrollment is required for participation. For more info call Lynda at 208-967-4771

Standing Strong in Christ || Recently my mom gave me a play by play of a surprising confrontation she saw on a live webcam from a watering hole in Africa. The Gemsbok, a large antelope, has horns that can be more than two feet long, making it a formidable animal that doesn't seem to scare easily. That is, unless it comes across a group of brave and rowdy ostriches. The lead ostrich, which was taller than its foes, shook its large feathers, roared, and stomped toward three Gemsbok, causing them to flee. "I guess they didn't realize how powerful their horns are," I said to my mom.

Believers in Jesus can forget the power we have when faced with attacks from our spiritual enemy, Satan. We have the Holy Spirit living inside us. (Romans 8:11) and the armor of God to help us; "Put on the full armor of God so that you can take your stand against the devil's schemes." (Ephesian 6:11) Satan wants to challenge our belief in God's Word, question our identity in Christ, and tempt us to sin. But we can stand strong because God's armor includes "the belt of truth, the breastplate of righteousness, the shield of faith, the helmet of salvation and the sword of the Spirit, which is the word of God." (v14-17) When the enemy attacks us with feelings of fear, condemnation or despair, let's remember we're God's children and are well equipped to stand strong.

Nancy Gavilanes

Laugh Out Loud

What kind of motorcycle did the apostles ride?

A Honda - because the Bible says they were all in one Accord.



Seniors on the move....

