

REAL LIFE

GROUPS



Curriculum

RECOMMENDATIONS FROM REAL LIFE STAFF

Varying the types of studies, both format and subject, that you take your group through will help every group member continue to grow in their relationship with Christ and with the rest of the group.

We've compiled some of our favorites! We know this is just small sampling of all of the great material out there, so if you have a study you'd like to take your group through that isn't included here, we just ask that you collaborate with your Life Groups Pastor.

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Sermon Series

CONTINUING THE DISCUSSION FROM WORSHIP SERVICES

Following along with the sermon series is a great way to keep your Life Group in sync with what's going on at Real Life. Each week, there are sermon notes with group questions at the bottom, extra passages that go with the sermon topic, and the pastors don't always stick to their notes, so you have plenty to discuss each week.

As long as people attend weekend worship service, they will be somewhat prepared for group discussion.

We recommend that all groups, even when going through a different curriculum, at least have a brief discussion about the sermon from the weekend.

FOR THE LATEST ON UPCOMING SERMON SERIES:

- Contact Casey at cdoyle@reallifeministries.com or 208.777.7325 x7136
- Watch your email for "Upcoming at Real Life" updates
- Check out the Life Group Resources page of our website at reallifeministries.com/lgresources



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Bible Study Methods

THE BIBLE

These methods of studying and discussing God's Word are simple and easy for your group members to get involved. Getting people to interact with God's word with some simple reflective questions can be very effective. Good follow-up questions can help the group move into deeper, more impactful discoveries and discussions.

SUGGESTED METHODS:

BASIC

BIBLICAL STORY TELLING

ROUND ROBIN DISCUSSION

THE 10 C'S

PRINCIPLES

When we study the Bible, it is important that we understand several things and abide by a few simple principles as we go. Each of the 66 Books of the Christian Bible was written by a specific person, to a specific audience, for a specific purpose, during a specific time in history, utilizing a specific language which is no longer used today. That being said, it is also God's Word to His people throughout the ages to help them live in loving relationship with Him and others in any and every situation or circumstance! So, the key to effective Bible Study is to determine what the scriptures actually mean and then apply those truths to our lives in such a way as to make us better image-bearers—loving God and loving others.

Some fancy words are used to describe the process:

- **Exegesis** answers the question what do the actual words mean? This is fairly black and white, with very little latitude.
- **Hermeneutics** deals with what a passage meant in its original context. It takes into consideration the historical culture as we best understand it, the intended audience, common colloquialisms, the political landscape of the time, etc. While the truth of what the original meant is black and white, we just can't always be sure exactly what that is. This could be described as grey area, leaving more room for differences of opinion.
- **Application** is the process of taking the scriptural truths learned from Exegesis and Hermeneutics and applying them to our life in a way that makes sense and helps us mature in Christ.



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Bible Study Methods

BASIC

CURRICULUM OPTIONS:

This can be effective and may be used *with any book of the Bible*.

HOW TO USE:

PREPARATION

Assign a chapter or a section for the group to read and study before group.

The group members will prepare in the same way as you, the Group Leader:

- Read the scripture to understand the basic components of the passage.
 - Research anything you find confusing or don't fully understand.
 - Utilize a commentary or trusted online resource (see your Life Groups Pastor for guidance).
- Study by sequentially asking these three simple questions:
 1. **What?** (*exegesis/hermeneutics*)
 - What does the Scripture say?
 - Are there other ways of saying it?
 - Do the words have more nuance or depth of meaning than the English conveys?
 2. **So What?** (*hermeneutics/application*)
 - What is God saying about Himself or us?
 - Why does it matter?
 - Why did it (or didn't it) resonate with me?
 3. **Now What?** (*application*)
 - What is God asking me to change?
 - What am I going to do as a result?

DISCUSSION

What? So What? Now What?

- Start the discussion by sequentially asking the 3 questions:
 1. **What?**
 - Get some kind of consensus before moving to next question.
 - This may require some teaching from the Leader.
 2. **So What?**
 - You may want individuals to answer this and the next question together.
 - This may also require some teaching from the Leader.
 3. **Now What?**
 - Encourage and challenge your people to take action.
- Listen well and ask follow-up questions when someone shares.
 - Ask clarifying questions.
 - Encourage others to also seek clarity if they don't understand.
 - Be sure follow-up questions don't derail the discussion.
 - Be careful not to devalue the person who shares by allowing criticism of their perspective (see Principles on the first page).



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Bible Study Method

BIBLICAL STORY TELLING

CURRICULUM OPTIONS:

This can be effective and may be used *with Narrative Passages of the Bible*.

SUGGESTIONS:

Genesis	I/II Samuel	Job	Matthew	John
Exodus	I/II Kings	Daniel	Mark	Acts
Numbers	I/II Chronicles	Jonah	Luke	Revelation

HOW TO USE:

PREPARATION

- Assign a chapter or a section for the group to read and study before group.
 - Read the passage to be shared so as to learn the basic components of the story.
 - Outline the story in a way that will help you tell it from memory.
 - Practice telling the story several times (alone and/or with others).
- Telling the story:
 - Tell the group what you will be sharing and where it is in the Bible.
 - Ask them to keep their Bibles closed while you tell the story so they hear it.
 - This is a good time to direct them to listen for something specific in order to help guide the subsequent discussion.
 - This can also be a good time to pre-load a question you want to discuss.
 - Share the story from your heart in your own words.
 - Begin by reading an introductory passage from scripture, or your own introduction to provide context.
 - Keep your Bible open on your lap, but don't read from it.
 - Use your outline if you get stuck.
 - Don't recite word for word from the text.
 - Conclude by stating something like "that's the story from God's Word."
 - Rebuild the story with the group.
 - Celebrate the person who told the story if it wasn't yourself.
 - Have everyone open to the passage in their Bibles to ensure accuracy!
 - Ask the group questions to help them rebuild the story.
 - Who's talking to whom?
 - What's the setting—where are they?
 - What happened next?
 - Be sure to include those details that might have been missed the first time!
 - Don't forget to fill in if an important detail is skipped by the group.

DISCUSSION

- Ask the pre-loaded question you had them consider beforehand.
 - or
- Remind them of what you had asked them to be listening for.
 - or
- Have questions prepared for this time.
 - Head questions to reiterate what the Word said.
 - Heart questions to discover and discuss what we believe about God and His Truth.
 - Hand questions to...
 - ...help them discover what God's trying to change in them
 - ...challenge them to put God's Word into practice

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Bible Study Method

ROUND ROBIN DISCUSSION

CURRICULUM OPTIONS:

This can be effective and may be used *with any book of the Bible*.

HOW TO USE:

PREPARATION

- Assign a verse or section of Scripture for the group to read and study before group.
- Read the Scripture to understand the basic components of the passage.
 - Research anything you find confusing or don't fully understand
 - Utilize a commentary or trusted online resource (see your Pastor for guidance)
- Prepare something to share with the group (see Discussion below).

DISCUSSION

- Have each participant come prepared with something to share.
 - Be specific about what you expect.
 - Example:
 - What verse(s) resonated with you, or stood out to you?
 - Why?
 - What is God asking you to change, or do about it?
- During the Lesson time, have one person share, uninterrupted for a predetermined period of time (e.g. 3 minutes).
- When their time has expired, have the group respond for a predetermined amount of time.
 - Responses should be confined to encouragement or probing, clarifying questions.
- Repeat this cycle to allow everyone to share.
- This technique requires the facilitator to keep strictly to the time and to be sensitive to the Group Guidelines.



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Bible Study Method

THE 10 C'S

CURRICULUM OPTIONS:

This can be effective and may be used *with any book of the Bible*.

HOW TO USE:

PREPARATION

Assign a chapter or a section for the group to read and study before group.

The group members will prepare in the same way as you, the Group Leader:

Read the scripture several times while you discover the following 10 things about the text:

1. **Caption:** Give the chapter/section a short, descriptive title.
2. **Contents:** Outline or summarize the major points in the chapter/section.
3. **Chief People:** List the most important people in the chapter/section.
4. **Choice Verse:** Choose a verse that summarizes the chapter/section, or that speaks to you personally.
5. **Crucial Words:** Write down key words from the chapter/section.
6. **Challenges:** List any difficulties you may have with the passage.
7. **Cross-References:** List other scripture verses that help clarify or expound the study passage.
8. **Christ Seen:** Write down what you see revealed about the Father/Son/Holy Spirit in the chapter/section. Also write down any allusions to Christ you found.
9. **Central Lesson(s):** Write down the major principles, insights, and lessons you learned from the chapter/section.
10. **Conclusion:** How will you apply what you have discovered? **Ask:** How do these truths apply to me personally? **Ask:** What, specifically am I going to do about them?

DISCUSSION

Work through The 10 C's as a group:

- Have people share their answers.
- Discuss similarities and differences.
- Listen well and ask follow-up questions when someone shares.

Ask clarifying questions.

Encourage others to also seek clarity if they don't understand.

Be sure follow-up questions don't derail the discussion.

Be careful not to devalue the person who shares by allowing criticism of their perspective (see Principles above).



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Christianity Today

BIBLE BOOK AND TOPICAL STUDIES

Christianity Today's curriculum has been developed by many of the leading pastors from around the country. You and your group members have FREE access to curriculum resources to help you with studying the Bible, parenting, marriage, discipleship, and more.

For your Life Group, Christianity Today curriculum can be obtained digitally, or Real Life can print the curriculum for your group. Below, you will find our Bible book study recommendations for your group. Because there are so many options from Christianity Today, if you find other studies that you would like to take your group through, please collaborate with your Life Groups Pastor.

You can check out their website at christianitytoday.com/biblestudies.

OLD TESTAMENT:

1 & 2 CHRONICLES: LIVE THE LIFE GOD INTENDED by Matt Woodley

PSALMS: MANAGING OUR EMOTIONS by Timothy Peck

JOB: GOD IS IN CHARGE by Jennifer Brown

DANIEL: FAITH IN ALL CIRCUMSTANCES by Bryan Chapell

NEW TESTAMENT:

EPHESIANS: YOU ARE GOD'S MASTERPIECE by Steve May

COLOSSIANS: AGAINST THE TIDE by Steve May

1 PETER: WALK THE TALK by Steve May

HOW TO USE:

- Contact your Life Groups Pastor for a digital copy of the study guide and print for your group, or to have Real Life print the guides for you.
- Have group members read each week's lesson and answer the questions before coming to group.



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Curriculum Overview

1 & 2 CHRONICLES

NAME OF RESOURCE: 1 & 2 Chronicles: Live the Life God Intended

TOPIC: Book of the Bible

AUTHOR: Matt Woodley

PUBLISHER/PROVIDER: Christianity Today

LENGTH OF STUDY: 6 Weeks

TARGET AUDIENCE: Adult Life Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Life Groups Pastor

COST: Study Guide: Free

DESCRIPTION: Four hundred years before Jesus was born, a group of Jewish people who had returned from a 70-year exile was trying to resettle and rediscover their spiritual identity. They were a minority under the shadow of the world-shaping Persian Empire. They felt small, insignificant, and forgotten. They also felt a nagging sense that God was still punishing them for their past sins. They were experiencing a communal identity crisis that forced them to ask questions like: Who are we? Should we just blend into the surrounding culture? Can we really make a difference? Can—should—our children live different lives than our neighbors? Does our faith even matter at all?

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

CONTACT POINT: Joe Troxell



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Curriculum Overview

PSALMS

NAME OF RESOURCE: Psalms: Managing Our Emotions

TOPIC: Book of the Bible

AUTHOR: Timothy Peck

PUBLISHER/PROVIDER: Christianity Today

LENGTH OF STUDY: 12 Weeks

TARGET AUDIENCE: Adult Life Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Life Groups Pastor

COST: Study Guide: Free

DESCRIPTION: Emotions are both complicated and complex, both mysterious and mystifying. Even the experts are not sure what causes us to experience emotions. Both social science and neurobiology have tried, to no avail, to explain the origin of emotions. And for Christians, emotions can be troubling, frustrating, and untrustworthy. Some emotions seem deeply spiritual; other emotions seem downright sinful. God created us to experience emotions, yet there are still godly and ungodly ways to manage them. This 12-session course on the Book of Psalms will help you sort this out.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

CONTACT POINT: Joe Troxell



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Curriculum Overview

JOB

NAME OF RESOURCE: Job: God Is in Charge

TOPIC: Book of the Bible

AUTHOR: Jennifer Brown

PUBLISHER/PROVIDER: Christianity Today

LENGTH OF STUDY: 9 Weeks

TARGET AUDIENCE: Adult Life Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Life Groups Pastor

COST: Study Guide: Free

DESCRIPTION: Job is not only the direct word of God but also a great literary masterpiece. Poet Alfred Tennyson called Job, "the greatest poem of ancient or modern times." British author Thomas Carlyle viewed it as, "... one of the grandest things ever written with a pen ... such free flowing outlines, grand in its sincerity, in its simplicity, in its epic melody, and response of reconciliation." This nine-session course will help you understand the masterpiece that is the book of Job—its themes, characters, and meaning for Christians today.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

CONTACT POINT: Joe Troxell



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Curriculum Overview

DANIEL

NAME OF RESOURCE: Daniel: Faith in All Circumstances

TOPIC: Book of the Bible

AUTHOR: Bryan Chapell

PUBLISHER/PROVIDER: Christianity Today

LENGTH OF STUDY: 6 Weeks

TARGET AUDIENCE: Adult Life Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Life Groups Pastor

COST: Study Guide: Free

DESCRIPTION: While we most often remember Daniel as the one in the lions' den, there was a lot more to his life. Throughout the first six chapters of Daniel, we learn about how to remain faithful in all circumstances. He ran into several trying situations that may have caused him to lose faith or bend from his beliefs, but Daniel stayed strong.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

CONTACT POINT: Joe Troxell



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Curriculum Overview

EPHESIANS

NAME OF RESOURCE: Ephesians: You Are God's Masterpiece

TOPIC: Book of the Bible

AUTHOR: Steve May

PUBLISHER/PROVIDER: Christianity Today

LENGTH OF STUDY: 6-7 Weeks

TARGET AUDIENCE: Adult Life Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Life Groups Pastor

COST: Study Guide: Free

DESCRIPTION: The greatest adventure in life is discovering the purpose for our lives. This letter answers the question men and women have asked throughout all time: "Why am I here?" It has to do with eternity, making peace with God, and identifying with Christ.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

CONTACT POINT: Joe Troxell



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Curriculum Overview

COLOSSIANS

NAME OF RESOURCE: Colossians: Against the Tide

TOPIC: Book of the Bible

AUTHOR: Steve May

PUBLISHER/PROVIDER: Christianity Today

LENGTH OF STUDY: 9-10 Weeks

TARGET AUDIENCE: Adult Life Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Life Groups Pastor

COST: Study Guide: Free

DESCRIPTION: Some people have been surprised to discover something new about a friend they thought they knew well. That's one of the exciting things about a relationship with Christ: there's no limit to the things we can learn about Him. Studying Colossians is one way we can learn more about Christ and discover how to honor Him.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Very Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

CONTACT POINT: Joe Troxell



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Curriculum Overview

1 PETER

NAME OF RESOURCE: 1 Peter: Walk the Talk

TOPIC: Book of the Bible

AUTHOR: Steve May

PUBLISHER/PROVIDER: Christianity Today

LENGTH OF STUDY: 7-8 Weeks

TARGET AUDIENCE: Adult Life Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Life Groups Pastor

COST: Study Guide: Free

DESCRIPTION: Wouldn't it be great to be free of trouble? That's what we sometimes think. 1 Peter shows us that difficulties and hardships don't have to wear us down. In fact, this letter teaches us that God can use difficulties to strengthen us. Knowing this can bring hope and reassurance that eternal life is God's ultimate purpose.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Very Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

CONTACT POINT: Joe Troxell



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RightNow Media

TOPICAL AND BOOK STUDIES ON VIDEO

RightNow Media is the Netflix of Bible study videos. You and your group members have FREE access to thousands of video resources to help you with parenting, marriage, discipleship, and more. It's a huge, streaming, online, access-on-any-device library of over 10,000 video Bible studies, leadership conferences, and kids' shows.

For your Life Group, RightNow Media can be utilized as a video-driven curriculum. Below, you will find our recommendations for book studies for your group. Because there are so many options on RightNow Media, if you find other studies that you would like to take your group through, please collaborate with your Life Group Pastor.

Go to reallifeministries.com/post-falls/resources/right-now-media to gain free access!

OLD TESTAMENT:

THE BOOK OF JUDGES by J.D. Greear

THE BOOK OF JONAH by Eric Mason

NEW TESTAMENT:

THE GOSPEL OF MARK by Frances Chan

THE BOOK OF GALATIANS by Kyle Idleman

THE BOOK OF EPHESIANS by J.D. Greear

THE BOOK OF COLOSSIANS by Louie Giglio

THE BOOK OF TITUS by Chip Ingram

THE BOOK OF JAMES by Frances Chan

THE BOOK OF 1ST PETER by Kyle Idleman

THE 1ST, 2ND, AND 3RD BOOKS OF JOHN by Tony Evans

HOW TO USE:

Watch for:

- Length of video
- Length of the series
- Only using RightNow Media curriculum—change it up with traditional Christianity Today studies, book or workbook-based studies, following the sermon series, etc.

Try:

- Having group members watch the video before group
- Just using the typed curriculum (ditch the video)



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Curriculum Overview

THE BOOK OF JUDGES

NAME OF RESOURCE: The Book of Judges

TOPIC: Book of the Bible

AUTHOR: J.D. Greear

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 11 Weeks

TARGET AUDIENCE: Everyone

MEDIA STYLE: Book Workbook 12 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Leader Guide: Free; Participant Booklets: Free

DESCRIPTION: The book of Judges cracks a window into depths of the human soul. Watch a nation struggle with its identity and relationship to its God. Heroes and heroines arise, who seem to have the potential to save Israel. But in the end, each proves to be a broken savior that cannot deliver.

In this series, pastor and author J.D. Greear wades into the book of Judges to shine a light onto the muddy waters of human rebellion. The stories and truths within are not just archaic tales with no relevance for us today. Rather, J.D. works through each chapter unpacking the truth of God's grace in the midst of human wickedness, and shows how only the divine can redeem the fallen.

Get the full study experience by downloading all of the resources. The Leader's Guide contains over 85 pages of in-depth narrative teaching with direction for group discussion and helpful answers to biblical questions. It moves beyond knowledge to the real-life application of God's Word in either personal or group study.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video).

CONTACT POINT: Derek Dalton



REAL LIFE

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Curriculum Overview

THE BOOK OF JONAH

NAME OF RESOURCE: The Book of Jonah

TOPIC: Book of the Bible

AUTHOR: Eric Mason

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 8 Weeks

TARGET AUDIENCE: Everyone

MEDIA STYLE: Book Workbook 8 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Leader Guide: Free; Participant Booklets: Free

DESCRIPTION: At the end of the day, God is less concerned with what we do for Him than who we are in Him. Few figures illustrate that truth better than Jonah. Focused on the prophet rather than his prophecy, the story of Jonah gives us a picture of a man on the run due to his own selfish desires. Instead of showing mercy to his enemies, he determined to keep God's grace to himself rather than share it with those he considered undeserving. Can you relate?

Over the course of 8 verse-by-verse sessions, pastor and author Eric Mason expands our vision to see that Jonah's story is our own. Far more than a thrilling Sunday school adventure, it offers a profound glimpse into the conflict that occurs when God calls resistant believers to His mission. More importantly, it underscores the depths of His compassion not only in redeeming the lost, but redeeming those He has called to participate in His reconciling work.

So climb aboard and settle in as Eric reveals how God uses extraordinary circumstances to break our hearts of selfishness, convince us of His tender care, and unite our lives to His glory.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video).

CONTACT POINT: Derek Dalton



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Curriculum Overview

THE GOSPEL OF MARK

NAME OF RESOURCE: The Gospel of Mark

TOPIC: Book of the Bible

AUTHOR: Frances Chan

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 11 Weeks

TARGET AUDIENCE: Men's Life Groups or Breakout Groups

MEDIA STYLE: Book Workbook 10 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Facilitator's Guide: Free; The Gospel of Mark Study Guide: \$25/ea

DESCRIPTION: The Gospel of Mark chronicles Jesus's journey from Galilee to Jerusalem. Along the way, the Messiah gathers a ragged band of disciples. As crowds grow and dwindle on the road to Jerusalem, only a few stick by the Suffering Savior on the road of discipleship.

In this 11-part series on the Gospel of Mark, author and speaker Francis Chan invites us to walk with him along the ancient ways of the Master. Tracing the steps of Jesus and the Twelve through Israel, Francis explores the major themes of the Gospel of Mark, and asks: Are we willing to take this journey to embrace discipleship?

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video). The Study Guide is optional.

CONTACT POINT: Derek Dalton



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Curriculum Overview

THE BOOK OF GALATIANS

NAME OF RESOURCE: The Book of Galatians

TOPIC: Book of the Bible

AUTHOR: Kyle Idleman

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 6 Weeks

TARGET AUDIENCE: Everyone

MEDIA STYLE: Book Workbook 11 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Leader Guide: Free; Participant Booklets: Free

DESCRIPTION: If someone asked you to explain the gospel, what would you say? What is the good news of the Christian faith? Writing to the Galatians, Paul made it clear how easily we can be tempted to turn toward fraudulent gospels, especially those that teach we can earn God's love through our works. Though they may have the appearance of truth, they are lifeless and leave us empty in the end.

In this Book of the Bible series, Kyle Idleman dives into the book of Galatians, one that contains some of the clearest explanations of the gospel in the New Testament. Through biblical study and engaging lessons, Kyle shows that true freedom is found in surrender, not self-dependence. Because our gospel is not one based on our works, but faith in the finished work of Jesus Christ.

Get the full study experience by downloading all of the resources. The Leader's Guide contains over 45 pages of in-depth narrative teaching, with direction for group discussion and helpful answers to biblical questions. It moves beyond knowledge to the real-life application of God's Word in either personal or group study.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video).

CONTACT POINT: Derek Dalton



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Curriculum Overview

THE BOOK OF EPHESIANS

NAME OF RESOURCE: The Book of Ephesians

TOPIC: Book of the Bible

AUTHOR: J.D. Greear

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 9 Weeks

TARGET AUDIENCE: Everyone

MEDIA STYLE: Book Workbook 12 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Leader Guide: Free; Participant Booklets: Free

DESCRIPTION: Has it ever dawned on you that nothing has ever dawned on God? He knew before the world began that His people would face hardship, so He gave us His Word. The Book of Ephesians is a survival manual—it equips believers to thrive in a world that hates the message of Jesus Christ. Paul the Apostle writes to encourage believers to live well—we've been lifted from the graveyard of sin and called to shout the gospel into the darkened world.

Pastor and author J.D. Greear walks through the powerful words of Paul. In 9 sessions, J.D. digs into the text of Ephesians verse-by-verse and challenges believers to live out the gospel. If the people of your city, of your school, of your family are going to hear the gospel, it's going to be from your mouth. Encounter Ephesians, and get swept up into the story of Jesus.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video).

CONTACT POINT: Derek Dalton



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Curriculum Overview

THE BOOK OF COLOSSIANS

NAME OF RESOURCE: The Book of Colossians

TOPIC: Book of the Bible

AUTHOR: Louie Giglio

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 8 Weeks

TARGET AUDIENCE: Everyone

MEDIA STYLE: Book Workbook 14 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Leader Guide: Free; Participant Booklets: Free

DESCRIPTION: What we think about Jesus matters. Our perception of Him shapes us—what we say, how we treat others, even what we think. If we paint Jesus as any less than who He is as supreme over all creation and savior of the world, not only does our theology slip, but the working out of our faith also suffers.

In this 8-session series, Louie Giglio will take us through the book of Colossians to help us form a complete picture of Jesus. What we believe about Him influences everything from our corporate worship to our relationships to our attitude toward sin. Now alive in Christ, we can live a life worthy of God instead of falling back into the ways of the world.

Get the full study experience by downloading all of the resources. The Leader's Guide contains over 60 pages of in-depth narrative teaching with direction for group discussion and helpful answers to biblical questions. It moves beyond knowledge and to the real-life application of God's Word in either personal or group study.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video).

CONTACT POINT: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

THE BOOK OF TITUS

NAME OF RESOURCE: The Book of Titus

TOPIC: Book of the Bible

AUTHOR: Chip Ingram

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 7 Weeks

TARGET AUDIENCE: Everyone

MEDIA STYLE: Book Workbook 12 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Leader Guide: Free; Participant Booklets: Free

DESCRIPTION: In this Book of the Bible series, Chip Ingram unpacks the book of Titus. He challenges us to display the gospel in our lives through doing good. We do good works not to earn God's favor, but as a result of God's favor. When the gospel has truly taken root in our lives, it produces the fruit of godliness. As we pass these things on to future generations, the Church stands in bright contrast to the darkness of the world.

Get the full study experience by downloading all the resources. The Leader's Guide contains over 35 pages of in-depth narrative teaching with direction for group discussion and helpful answers to biblical questions. It moves beyond knowledge to the real-life application of God's Word in either personal or group study.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video).

CONTACT POINT: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

THE BOOK OF JAMES

NAME OF RESOURCE: The Book of James

TOPIC: Book of the Bible

AUTHOR: Frances Chan

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 12 Weeks

TARGET AUDIENCE: Everyone

MEDIA STYLE: Book Workbook 8 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Leader Guide: Free; Participant Booklets: Free

DESCRIPTION: True faith produces fruit. A faith without action and without life change is ultimately a dead faith. The book of James speaks to the realities of a living faith in Jesus—the kind of roll-up-your-sleeves and get-your-hands-dirty discipleship that is borne out of an authentic relationship with the risen Lord. James writes to believers who know suffering, who've faced trials, and who ultimately desire a deep relationship with God.

Francis Chan unpacks the dense truth contained in the book of James in front of the iconic backdrop of San Francisco, the city where he lives and ministers. Through 12 sessions, Francis works through James verse-by-verse, challenging followers of Christ to move beyond a private, intellectual knowledge of God and His Word, to a vibrant faith that impacts every square inch of life.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video).

CONTACT POINT: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

THE BOOK OF 1ST PETER

NAME OF RESOURCE: The Book of 1st Peter

TOPIC: Book of the Bible

AUTHOR: Kyle Idleman

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 7 Weeks

TARGET AUDIENCE: Everyone

MEDIA STYLE: Book Workbook 12 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Leader Guide: Free; Participant Booklets: Free

DESCRIPTION: This world looks nothing like the promised perfect kingdom of God. And yet we as God's people must live in it every day. In The Book of 1 Peter, Kyle Idleman walks through the short letter and unpacks the importance of our witness in this world.

The world's not as it should be. Until the day that God rights all wrongs, we have a job to do. Let's be about the business of the kingdom.

Get the full study experience by downloading all of the resources. The Leader's Guide contains over 50 pages on in-depth narrative teaching with direction for group discussion and helpful answers to biblical questions. It moves beyond knowledge to the real-life application of God's Word in either personal or group study.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video).

CONTACT POINT: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

THE 1ST, 2ND, AND 3RD BOOKS OF JOHN

NAME OF RESOURCE: The 1st, 2nd, and 3rd Books of John

TOPIC: Book of the Bible

AUTHOR: Tony Evans

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 8 Weeks

TARGET AUDIENCE: Everyone

MEDIA STYLE: Book Workbook 11 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Leader Guide: Free; Participant Booklets: Free

DESCRIPTION: Comfortable Christianity often means a weak Christianity. In this study on John's three letters, Dr. Tony Evans challenges Christians who have grown comfortable and complacent in their faith. Fellowship with God is the essence of our faith, and Tony walks through 1, 2, & 3 John to paint a picture of love, obedience, and truth. In a world that hates Jesus, we are called to love Him and His people with a fierce love.

Get the full study experience by downloading the all of the resources. The Leader's Guide contains over 60 pages of in-depth narrative teaching with direction for group discussion and helpful answers to biblical questions. It moves beyond knowledge to the real-life application of God's Word in either personal or group study. Also, if you're leading a group through this study, Tony has some words of guidance for you in the training post.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video).

CONTACT POINT: Derek Dalton



REAL LIFE

GROUPS



Marriage

VIDEO AND BOOK STUDIES

Life Group is a great environment to invest in marriages. Marriage curriculum can be fun with a group, and couples can find commonalities in their triumphs and challenges as couples.

We don't advise a constant diet of only marriage curriculum, but it's a great way to add variety to your group season.

Check out the studies we recommend below! And as always, if you find a study you would like to take your group through that isn't listed here, please collaborate with your Life Groups Pastor.

RECOMMENDATIONS:

A LIFELONG LOVE by Gary Thomas

BUILDING BLOCKS by Dr. Emerson Eggerichs

GRACE FILLED MARRIAGE (PARTS 1 & 2) by Dr. Tim Kimmel

HOME SWEET HOME by Greg Laurie

LOVE AND RESPECT by Dr. Emerson Eggerichs

LOVE TALK (2018) by Drs. Les & Leslie Parrott

MARRIAGE NIGHT by Drs. Les & Leslie Parrott; Francis & Lisa Chan

MINGLING OF SOULS by Matt Chandler

SACRED MARRIAGE by Gary Thomas

THE CRAZY CYCLE IN MARRIAGE by Dr. Emerson Eggerichs

HOW TO USE:

Watch for:

- Length of videos or time expected outside of group
- Length of the study
- Only using marriage curriculum—change it up with traditional Christianity Today studies, book or workbook-based studies, following the sermon series, etc.



REAL LIFE

GROUPS



Curriculum Overview

A LIFELONG LOVE

NAME OF RESOURCE: A Lifelong Love

TOPIC: Marriage

AUTHOR: Gary Thomas

PUBLISHER/PROVIDER: David C Cook - 2016 / RightNow Media

LENGTH OF STUDY: 8 Weeks

TARGET AUDIENCE: Married Couples / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video 30 mins Average video length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Participant Guides: Free; Additional Book: ~\$13/ea

DESCRIPTION: Gary Thomas believes couples often settle for too little when it comes to marriage. Whether your marriage needs a complete makeover, a touch up, or just a new purpose, this video series based on Gary's book, *A Lifelong Love*, promises to set your relationship on an entirely new dimension. You will never look at worship or your spouse in the same way again. Gary will guide you through the power shifts and seasonal mine fields that blow up so many marriages so that you can grow in your love instead of in your disappointment.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader and all participants of the Life Group can download/print free Participant Guides for their group time.

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Curriculum Overview

BUILDING BLOCKS

NAME OF RESOURCE: Love and Respect: Building Blocks for Small Groups

TOPIC: Marriage

AUTHOR: Dr. Emerson Eggerichs

PUBLISHER/PROVIDER: Love and Respect LLC

LENGTH OF STUDY: 6 Weeks

TARGET AUDIENCE: Married Couples / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video 30 mins Average video length

HOW TO OBTAIN: Real Life Ministries' Marriage Lending Library

COST: DVD & Study Guides: Free check-out from Real Life; Study Guides can also be purchased for \$10/ea

DESCRIPTION: Looking for a marriage resource created for small group settings that is so entertaining and enlightening that your marriage improves almost immediately? This 6-week small group study by Dr. Emerson Eggerichs will unpack 5 key principles and bring fresh insight into your marriage. Dr. Emerson and Sarah Eggerichs help couples learn and apply these simple, yet profound biblical truths about how women need Love and men need Respect.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Borrow DVD/leader/participant guides. The Life Group Leader uses the study guide to prepare for group time. Excerpts from study guide can be reproduced for group use, but not necessary.

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Curriculum Overview

GRACE FILLED MARRIAGE

NAME OF RESOURCE: Grace Filled Marriage (Parts 1 &2)

TOPIC: Marriage

AUTHOR: Dr. Tim Kimmel

PUBLISHER/PROVIDER: Family Matters / RightNow Media

LENGTH OF STUDY: 2 8-Weeks Parts

TARGET AUDIENCE: Married Couples / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video 30 mins Average video length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Leader Guide: Free; Book: \$14.99/ea; Workbook: \$11.99/ea (from familymatters.net)

DESCRIPTION: Couples come to the altar bursting with love for each other. Yet, based on how many marriages are unfulfilling, unhappy, or worse yet, end in divorce, it would seem that the love that gets couples married isn't enough to keep couples married. Maybe if we had the ability to love unconditionally, like God does, love would be enough... but we don't. Therefore, love falls short. Love isn't enough to save struggling marriages. This study explores a radical hypothesis: Most marriages don't fail because they lack love... they fail because they lack grace.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader should download/print the free Leader Guide to assist them in leading through this series during their group time.

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Curriculum Overview

HOME SWEET HOME

NAME OF RESOURCE: Home Sweet Home

TOPIC: Marriage

AUTHOR: Greg Laurie

PUBLISHER/PROVIDER: Harvest Ministries - 2019 / RightNow Media

LENGTH OF STUDY: 6 Weeks

TARGET AUDIENCE: Married Couples / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video 45 mins Average video length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Free

DESCRIPTION: Can there be a “happily ever after” in the home? Pastor Greg Laurie addresses the advantages and challenges of marriage and singleness. When our foundation is God, we are empowered by the Holy Spirit to put others before ourselves—displaying marriage as God’s witness to the world. It is not about finding the right person, but being the right person. Discover what the Bible has to say about family and relationships in this important series.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group use their Bibles as they enjoy the weekly teaching lesson via RightNow Media stream.

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Curriculum Overview

LOVE AND RESPECT

NAME OF RESOURCE: Love and Respect

TOPIC: Marriage

AUTHOR: Dr. Emerson Eggerichs

PUBLISHER/PROVIDER: Love and Respect LLC / RightNow Media

LENGTH OF STUDY: 10 Weeks

TARGET AUDIENCE: Married Couples / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video 45 mins Average video length

HOW TO OBTAIN: Real Life's Marriage Lending Library; loveandrespect.com; rightnow.org

COST: Workbooks: Free check-out from Real Life; Workbooks can also be purchased for \$14/ea

DESCRIPTION: Excited yet burdened about male and female relationships, Dr. Emerson Eggerichs and his wife Sarah launched the Love & Respect Conferences in 1999. Based on over three decades of counseling as well as scientific and biblical research, this conference has given hope and new life to thousands of marriages. This study is perfect for individuals, couples, or small groups but is greatly enhanced with the comprehensive workbook (see options at rightnowmedia.org). It includes Fill-In-The-Blank in-session guides, Discussion Questions, Immediate Application, Mid-week devotionals, a Leader's Guide, and recommendations for doing alone, as a couple, or small group.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Borrow workbook; purchase not necessary.

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Curriculum Overview

LOVE TALK (2018)

NAME OF RESOURCE: Love Talk (2018)

TOPIC: Marriage, Love, Communication

AUTHOR: Drs. Les & Leslie Parrott

PUBLISHER/PROVIDER: RightNow Media

LENGTH OF STUDY: 5 Weeks

TARGET AUDIENCE: Married Couples / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video 15 mins Average video length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Leader & Participant Guides: Free; Additional Book, Workbook, and Assessment: \$8.50-\$35/ea

DESCRIPTION: Do you ever feel like your spouse is speaking in a foreign language?

Do you long to experience a stronger relationship and better communication in your marriage?

Get ready to crack the code of your personal talk styles. In this 5-part series, Drs. Les and Leslie Parrott will help you determine your personal communication style and learn how the two of you can speak each other's language like never before. They will offer wisdom and insights for applying biblical truths to your relationship. Today, you can begin an adventure in communication that will draw the two of you closer in a way that creates the depth and connection you long for in your relationship.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader and all participants of the Life Group should download/print Study Guides for their group time.

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Curriculum Overview

MARRIAGE NIGHT

NAME OF RESOURCE: Marriage Night 2019

TOPIC: Marriage

AUTHOR: Drs. Les & Leslie Parrott; Francis & Lisa Chan

PUBLISHER/PROVIDER: RightNow Media

LENGTH OF STUDY: one 2-hour night, OR break it up into a 3-week study

TARGET AUDIENCE: Married Couples / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video N/A Average video length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Marriage Night Program download: Free

DESCRIPTION: Take the opportunity to enjoy RightNow Media's one-night marriage conference. Whether you've been married for six months or sixty years, taking time to learn and laugh together goes a long way to keep your relationship strong.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader can download/print Free download Marriage Night 2019 Program for each Life Group participant.

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Curriculum Overview

MINGLING OF SOULS

NAME OF RESOURCE: Mingling of Souls: Song of Solomon

TOPIC: Marriage and Book of the Bible

AUTHOR: Matt Chandler

PUBLISHER/PROVIDER: The HUB - 2015 / RightNow Media

LENGTH OF STUDY: 12 Weeks

TARGET AUDIENCE: Pre-married and Married Couples

MEDIA STYLE: Download Book Workbook Video 45 mins Average video length

HOW TO OBTAIN: Real Life Marriage Lending Library; rightnow.org; gotothehub.com

COST: Workbook: Free check-out from Real Life, or \$8.99/ea at gotothehub.com

DESCRIPTION: Matt Chandler and The Hub have partnered together to write, film, and produce a brand new, updated curriculum of The Mingling of Souls—a study of love, dating, marriage, intimacy, and redemption based on Song of Solomon! All new from the ground up, your group will be able to enjoy this new video series and study guide in conjunction with Matt Chandler's new book *The Mingling of Souls: God's Design for Love, Marriage, Sex & Redemption*. In a culture where the foundations of attraction, love, marriage, and sex are rapidly eroding, Matt Chandler offers an eternal, counter-intuitive perspective from the biblical book Song of Solomon. Scripture says we're to nurture our hearts above all else—yet we are inundated with songs, movies, and advice that contradicts and cheapens God's design for love and intimacy.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Borrow workbook; purchase not necessary.

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Curriculum Overview

SACRED MARRIAGE

NAME OF RESOURCE: Sacred Marriage

TOPIC: Marriage

AUTHOR: Gary Thomas

PUBLISHER/PROVIDER: Zondervan

LENGTH OF STUDY: 6 Weeks

TARGET AUDIENCE: Married Couples / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video 20 mins Average video length

HOW TO OBTAIN: Real Life Ministries' Marriage Lending Library; smile.amazon.com

COST: DVD & Participant Guide: Check-out from Marriage Lending Library; Participant Guide: ~\$13/ea

DESCRIPTION: What if God designed marriage to make us holy more than to make us happy? Scores of resources offer guidance for building the marriage of your dreams. Yet, what if God's primary intent for your marriage is NOT to make you happy, but rather to make you holy? What if your relationship isn't as much about you and your spouse as it is about you and God?

In this 6-week DVD driven teaching, Gary Thomas uncovers how your marriage can become a doorway to a closer walk with God and each other. Sacred Marriage doesn't tell how to build a better marriage; it shows how your marriage can help you deepen your relationship with God.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Very Good

SUGGESTIONS FOR HOW TO USE: Borrow DVD/leader/participant guides. The Life Group Leader uses the study guide (inside DVD jacket) to prepare for group time.

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Curriculum Overview

THE CRAZY CYCLE IN MARRIAGE

NAME OF RESOURCE: The Crazy Cycle in Marriage

TOPIC: Marriage

AUTHOR: Dr. Emerson Eggerichs

PUBLISHER/PROVIDER: Love and Respect LLC / RightNow Media

LENGTH OF STUDY: 4 Weeks

TARGET AUDIENCE: Married Couples / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video 15 mins Average video length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Study Guide download: \$5/ea

DESCRIPTION: We know that divorce is a major issue in our culture today, both inside and outside the church. There is hope for the struggle... In this 4-part series, Dr. Emerson Eggerichs sheds light on an often overlooked, yet indispensable element of a healthy marriage—respect. Combining biblical instruction with scientific expertise, Emerson provides insight into the unique ways in which God has designed both men and women and how they can rightly embrace their differences in marriage. Rather than becoming another statistic, struggling marriages can break their Crazy Cycle and become thriving marriages by living in accordance to God's good design.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: To maximize the series benefit, the Life Group Leader and participants of the Life Group can purchase the \$5 Study Guide from Love and Respect at:

loveandrespect.com/workbook-downloads/the-crazy-cycle-in-marriage-study-guide-digital-download

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Parenting

VIDEO AND BOOK STUDIES

Whether your group is full of married parents, single parents, soon-to-be parents, grandparents, or the designated babysitter, Life Group is a great environment to invest in parenting skills. Parenting curriculum can be fun with a group as you can find commonalities in your triumphs and challenges as parents.

We don't advise a constant diet of only parenting curriculum, but it's a great way to add variety to your group season.

Check out the studies we recommend below! And as always, if you find a study you would like to take your group through that isn't listed here, please collaborate with your Life Groups Pastor.

RECOMMENDATIONS:

EFFECTIVE PARENTING IN A DEFECTIVE WORLD by Chip Ingram

RAISING KIDS WITH A FAITH THAT LASTS by Dr. Tim Kimmel

SACRED PARENTING by Gary Thomas

THE POWER OF LOVE by Gary Thomas

HOW TO USE:

Watch for:

- Length of videos or time expected outside of group
- Length of the study
- Only using parenting curriculum—change it up with traditional Christianity Today studies, book or workbook-based studies, following the sermon series, etc.



REAL LIFE

GROUPS



Curriculum Overview

EFFECTIVE PARENTING IN A DEFECTIVE WORLD

NAME OF RESOURCE: Effective Parenting in a Defective World

TOPIC: Parenting/Family

AUTHOR: Chip Ingram

PUBLISHER/PROVIDER: Living on the Edge - 2014 / RightNow Media

LENGTH OF STUDY: 8 Weeks

TARGET AUDIENCE: Couples & Individuals with Children / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video 20 mins Average video length

HOW TO OBTAIN: Real Life's Parenting Lending Library; rightnow.org

COST: Books: Free from Real Life (while supplies last) or purchase for \$9.99/ea from livingontheedge.org

DESCRIPTION: You can raise successful children even in this fallen world! Currently, children face a far more defective world than the children of previous decades. Every day, they are bombarded with the pressures and influences of drugs, sex, and violence. Often, parents feel helpless when the corrupt principles of this defective world seem to contradict every godly principle they try to instill in their children. But the truth is, God has a plan for effectively raising your children, and you can learn it. With penetrating truth and sincere honesty, Chip Ingram shares the life lessons from his personal experience of raising four children. He describes his failures and the challenges of teenage rebellion as he teaches the principles for successful parenting as revealed through God's Word.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Stream video from RightNow Media. Books are available free from Real Life while supplies last.

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Curriculum Overview

RAISING KIDS WITH A FAITH THAT LASTS

NAME OF RESOURCE: Raising Kids with a Faith that Lasts: See Your Child through God's Eyes

TOPIC: Parenting/Family

AUTHOR: Dr. Tim Kimmel

PUBLISHER/PROVIDER: Focus on the Family - 2013 / RightNow Media

LENGTH OF STUDY: 6 Weeks

TARGET AUDIENCE: Couples & Individuals with Children / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video 30 mins Average video length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Workbook: Borrow from Parenting Lending Library or purchase for \$6.99/ea

DESCRIPTION: Everybody Needs The Essentials! That's what you get in this powerful entertaining series from Focus on the Family. *Essentials of Parenting* brings top childrearing experts into your home or church-with practical wisdom, honest confessions, and decades of experience. *Essentials of Parenting: Raising Kids with a Faith that Lasts* introduces you to one of your greatest privileges—helping your child begin a relationship with God. You'll see how everyday conversations, family fun, and purposeful projects build spiritual foundations your son or daughter can rely on for a lifetime—and beyond.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Borrow participant guides from Marriage & Parenting lending library (while supplies last). The Life Group Leader and participants of the Life Group can purchase Participant Guides for \$6.99 each from Christianbook.com

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Curriculum Overview

SACRED PARENTING

NAME OF RESOURCE: Sacred Parenting: How Raising Children Shapes Our Souls

TOPIC: Parenting/Family

AUTHOR: Gary Thomas

PUBLISHER/PROVIDER: Zondervan

LENGTH OF STUDY: 6 Weeks

TARGET AUDIENCE: Couples & Individuals with Children / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video 20 mins Average video length

HOW TO OBTAIN: Real Life's Parenting Lending Library; rightnow.org

COST: DVD & Study Guide: Borrow from Parenting Lending Library; Study Guide: ~\$9/ea

DESCRIPTION: Parenting is a school for spiritual formation—and our children are our teachers. Instead of discussing how parents can change their kids, Gary Thomas turns the tables and demonstrates how God uses our kids to change us. You'll be encouraged by stories that tell how other parents handled the challenges and difficulties of raising a godly family. Grow closer to Christ and your children as you learn to: freely enjoy your kids for who they are; build a closer, grace-based family; reduce the pressure felt for your kids to turn out perfect; manage anger and negative responses towards your child's behavior; increase your sense of worth and respect as a parent.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Very Good

SUGGESTIONS FOR HOW TO USE: Borrow DVD/leader guides. The Life Group Leader uses the study guide (inside DVD jacket) to prepare for group time. Participant Guides available for free while supplies last.

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Curriculum Overview

THE POWER OF LOVE

NAME OF RESOURCE: The Power of Love

TOPIC: Parenting/Family

AUTHOR: Gary Thomas

PUBLISHER/PROVIDER: Focus on the Family - 2013 / RightNow Media

LENGTH OF STUDY: 6 Weeks

TARGET AUDIENCE: Couples & Individuals with Children / Adult Life Groups

MEDIA STYLE: Download Book Workbook Video 20 mins Average video length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Free

DESCRIPTION: Everybody Needs The Essentials! That's what you get in this powerful entertaining series from Focus on the Family. *Essentials of Parenting* brings top childrearing experts into your home or church—with practical wisdom, honest confessions, and decades of experience. *Essentials of Parenting: The Power of Love* shows you to enrich and enjoy the bond between your child and yourself. You'll also discover that when it comes to passing along your faith and values, a good relationship with your son or daughter is the sharpest tool in every parent's toolbox.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Very Good

SUGGESTIONS FOR HOW TO USE: Stream video from RightNow Media

CONTACT POINT: LJ Brown or Paul Schroeder



REAL LIFE

GROUPS



Men's Curriculum

MEN'S LIFE GROUPS AND BREAKOUT GROUPS

TABLE OF CONTENTS:

33 THE SERIES by Authentic Manhood

BE A GODLY MAN by Joby Martin

NINE ATTRIBUTES OF A MAN by Vince Miller

PLAY THE MAN by Mark Batterson

REMEMBER:

If you'd like to use a curriculum not listed,
please collaborate with your Life Groups Pastor.



REAL LIFE

GROUPS



Curriculum Overview

33 THE SERIES

NAME OF RESOURCE: 33 The Series

TOPIC: Biblical Manhood

AUTHOR: Authentic Manhood

PUBLISHER/PROVIDER: Lifeway / RightNow Media

LENGTH OF STUDY: 6 6-Week Studies

TARGET AUDIENCE: Men's Life Groups or Men's Breakout Groups

MEDIA STYLE: Book Workbook 30 mins Average Video Length

HOW TO OBTAIN: authenticmanhood.com; rightnow.org; Fred Bossé

COST: Optional Workbook: \$15/ea

DESCRIPTION: *33 The Series* is a multi-volume series that is part of the Authentic Manhood movement. Each volume contains six sessions that explore common issues Christian men are facing today.

- Volume 1: A Man and His **DESIGN**
- Volume 2: A Man and His **STORY**
- Volume 3: A Man and His **TRAPS**
- Volume 4: A Man and His **WORK**
- Volume 5: A Man and His **MARRIAGE**
- Volume 6: A Man and His **FATHERHOOD**

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Very Good

SUGGESTIONS FOR HOW TO USE: Watch the video (~30 minutes) ahead of time and discuss questions in the group, OR watch the video together in group, then work through the questions together in real-time.

Tip: Check with your Life Groups Pastor to see if you can purchase the workbooks from Real Life and save on shipping before you purchase any from authenticmanhood.com.

CONTACT POINT: Fred Bossé



REAL LIFE

GROUPS



Curriculum Overview

BE A GODLY MAN

NAME OF RESOURCE: Be a Godly Man

TOPIC: Men

AUTHOR: Joby Martin

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 5 Weeks

TARGET AUDIENCE: Men's Life Groups or Men's Breakout Groups

MEDIA STYLE: Book Workbook 17 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Leader Guide: Free; Participant Booklets: Free

DESCRIPTION: God has created men to have incredible strength. But today's culture has hijacked masculinity, distorting strength into passivity and abuse.

In this 5-part video Bible study series, pastor Joby Martin invites men to embrace God's definition of masculinity and to step into His calling upon their lives to wield their strength on behalf of others. God has designed men to be protectors, providers, and defenders. When men act like men, everyone flourishes.

Get the full study experience by downloading all of the resources. The Leader's Guide contains over 35 pages of in-depth narrative teaching with direction for group discussion and helpful answers to biblical questions. It moves beyond knowledge and to the real-life application of God's Word in either personal or group study.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video).

CONTACT POINT: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

NINE ATTRIBUTES OF A MAN

NAME OF RESOURCE: Nine Attributes of a Man

TOPIC: Men

AUTHOR: Vince Miller

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 10 Weeks

TARGET AUDIENCE: Men's Life Groups or Breakout Groups

MEDIA STYLE: Book Workbook 13 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Study Guide: Free

DESCRIPTION: In a world where everyone is attempting to define manhood, why not look to God who designed men? God's definition of real manhood is found in the ultimate man—Jesus Christ. Gather with other men for a new study entitled *Attributes For Men*: ten sessions on nine attributes that will empower you to become the man God wants you to be.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video).

CONTACT POINT: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

PLAY THE MAN

NAME OF RESOURCE: Play the Man: Becoming the Man God Created You to Be

TOPIC: Men

AUTHOR: Mark Batterson

PUBLISHER/PROVIDER: RightNow Media (RNM)

LENGTH OF STUDY: 4 Weeks

TARGET AUDIENCE: Men's Life Groups or Breakout Groups

MEDIA STYLE: Book Workbook 16 mins Average Video Length

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Participant Guide (Kindle): \$6.99/ea; Book (Kindle): \$7.70

DESCRIPTION: In the church today, many men find themselves confused about what it actually means to be a man. Our culture does little to help. The result is a generation of men who struggle to embrace their responsibilities, roles, and the purpose for which God created them.

In this series, Mark Batterson highlights seven virtues of manhood to offer clear insight into what it means to be a faithful man of God. Keying in on the story of the martyr Polycarp, Mark teaches through engaging stories to inspire men towards biblical discipleship that can transform the generations to come. Each lesson provides practical truths for immediate application so that men everywhere can be the brothers, husbands, fathers, and leaders God created them to be.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Have group members watch the video before group or just use the typed curriculum (ditch the video).

CONTACT POINT: Derek Dalton



REAL LIFE

GROUPS



Women's Curriculum

WOMEN'S LIFE GROUPS AND BREAKOUT GROUPS

TABLE OF CONTENTS:

ARMOR OF GOD by Priscilla Shirer

DANIEL: LIVES OF INTEGRITY, WORDS OF PROPHECY by Beth Moore

EXPERIENCING GOD: KNOWING AND DOING THE WILL OF GOD by Henry Blackaby

HE SPEAKS TO ME: PREPARING TO HEAR FROM GOD by Priscilla Shirer

IF MY HUSBAND WOULD CHANGE, I'D BE HAPPY: AND OTHER MYTHS WIVES BELIEVE by Rhonda Stoppe

IT'S NOT SUPPOSED TO BE THIS WAY by Lysa Terkeurst

JAMES: MERCY TRIUMPHS by Beth Moore

JUST OPEN THE DOOR: HOW ONE INVITATION CAN CHANGE A GENERATION by Jen Schmidt

SEAMLESS: UNDERSTANDING THE BIBLE AS ONE COMPLETE STORY by Angie Smith

THE BOOK OF 1 CORINTHIANS by Jennie Allen

WE SAVED YOU A SEAT: FINDING AND KEEPING LAST FRIENDSHIPS by Lisa-Jo Baker

REMEMBER:

If you'd like to use a curriculum not listed, please collaborate with your Women's Discipleship Leader.



REAL LIFE

GROUPS



Curriculum Overview

ARMOR OF GOD

NAME OF RESOURCE: Armor of God

TOPIC: Spiritual Growth

AUTHOR: Priscilla Shirer

PUBLISHER/PROVIDER: Lifeway

LENGTH OF STUDY: 7 Weeks

TARGET AUDIENCE: Women's Life Groups and Women's Breakout Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Women's Discipleship Leader

COST: DVD: check out w/ deposit or download @ lifeway.com for \$2.99/session; Workbooks: \$14.99/ea

DESCRIPTION: All day, every day, an invisible war rages around you—unseen, unheard, yet felt throughout every aspect of your life. A devoted, devilish enemy seeks to wreak havoc on everything that matters to you: your heart, your mind, your marriage, your children, your relationships, your resilience, your dreams, your destiny. But his battle plan depends on catching you unaware and unarmed. If you're tired of being pushed around and caught with your guard down, this study is for you. *The Armor of God* is an action plan for putting it on and developing a personalized strategy to secure victory.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Very Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

CONTACT POINT: Your Women's Discipleship Leader



REAL LIFE

GROUPS



Curriculum Overview

DANIEL: LIVES OF INTEGRITY, WORDS OF PROPHECY

NAME OF RESOURCE: Daniel: Lives of Integrity, Words of Prophecy

TOPIC: A study of the book of Daniel

AUTHOR: Beth Moore

PUBLISHER/PROVIDER: Lifeway

LENGTH OF STUDY: 12 Weeks

TARGET AUDIENCE: Women's Life Groups and Women's Breakout Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Women's Discipleship Leader

COST: DVD: check out w/ deposit or download @ lifeway.com for \$5.99/session; Workbooks: \$15.99/ea

DESCRIPTION: *Daniel: Lives of Integrity, Words of Prophecy* Bible Study Book provides a personal study experience five days a week plus viewer guides for the group video session of this in-depth women's Bible study. Join Beth in a faith-building study of prophecy and learn how to live with integrity in today's self-absorbed society.

The prophet Daniel faced unbelievable pressures—to compromise his faith, to live in a hostile culture, and to confront temptations and threats. Today, believers face many of the same trials. This study examines how believers can develop integrity in our modern-day Babylon, and then explores prophecies from the time of Daniel through the second coming of Christ.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time. Additionally, the video series is recommended to watch during each group and discuss.

CONTACT POINT: Your Women's Discipleship Leader



REAL LIFE

GROUPS



Curriculum Overview

EXPERIENCING GOD: KNOWING AND DOING THE WILL OF GOD

NAME OF RESOURCE: Experiencing God: Knowing and Doing the Will of God

TOPIC: Spiritual Growth

AUTHOR: Henry Blackaby

PUBLISHER/PROVIDER: Lifeway

LENGTH OF STUDY: 12 Weeks

TARGET AUDIENCE: Women's Life Groups and Women's Breakout Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Women's Discipleship Leader

COST: Workbooks: \$14.99/ea

DESCRIPTION: *Experiencing God* is based on seven Scriptural realities that teach us how to develop a true relationship with the Creator. By understanding how God is working through us even as we try to fathom His ways, we can begin to clearly know and do the will of God.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Very Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

CONTACT POINT: Your Women's Discipleship Leader



REAL LIFE

GROUPS



Curriculum Overview

HE SPEAKS TO ME: PREPARING TO HEAR FROM GOD

NAME OF RESOURCE: He Speaks to Me: Preparing to Hear from God

TOPIC: A study of 1 Samuel 3

AUTHOR: Priscilla Shirer

PUBLISHER/PROVIDER: Lifeway

LENGTH OF STUDY: 6-7 Weeks

TARGET AUDIENCE: Women's Life Groups and Women's Breakout Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Women's Discipleship Leader

COST: DVD: check out w/ deposit or download @ lifeway.com for \$2.99/session; Workbooks: \$14.99/ea

DESCRIPTION: Priscilla draws life lessons from the account of God speaking to the boy Samuel in the beloved Bible story found in 1 Samuel 3. Priscilla relates six characteristics found in Samuel that are applicable to women today as they tune their hearts to hear God's voice. These characteristics are: A Simple Relationship, A Set Apart Holiness, A Still Attentiveness, A Single-Minded Worship, A Sold Out Hunger, and A Servant's Spirit. By listening to God's voice and obeying Him, women will be drawn into a closer relationship to God that brings a deeper desire to serve Him faithfully.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time. The study includes material for six weeks of in-depth, interactive daily assignments and seven small-group sessions, plus a leader's guide.

CONTACT POINT: Your Women's Discipleship Leader



REAL LIFE

GROUPS



Curriculum Overview

IF MY HUSBAND WOULD CHANGE, I'D BE HAPPY

NAME OF RESOURCE: If My Husband Would Change, I'd be Happy: and Other Myths Wives Believe

TOPIC: Personal Growth: Marriage

AUTHOR: Rhonda Stoppe

PUBLISHER/PROVIDER: Harvest House

LENGTH OF STUDY: 12 Weeks

TARGET AUDIENCE: Women's Life Groups and Women's Breakout Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Women's Discipleship Leader or Amazon

COST: Books: \$10/ea

DESCRIPTION: Like most brides on their wedding day, you no doubt were filled with love for your husband and the hope of a happy life together. But perhaps today, as the realities of life together have settled in, those happy expectations are going unfulfilled. And it's tempting to think, "If only my husband would change, I'd be happy." That myth is but one of many Rhonda Stoppe dispels in her exploration of what it takes to experience a truly happy marriage.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time. Additionally, the video series is recommended to watch during each group and discuss.

CONTACT POINT: Your Women's Discipleship Leader



REAL LIFE

GROUPS



Curriculum Overview

IT'S NOT SUPPOSED TO BE THIS WAY

NAME OF RESOURCE: It's Not Supposed to Be This Way

TOPIC: Personal Growth: Finding unexpected strength when disappointment leaves you shattered

AUTHOR: Lysa Terkeurst

PUBLISHER/PROVIDER: Lifeway

LENGTH OF STUDY: 6-7 Weeks

TARGET AUDIENCE: Women's Life Groups and Women's Breakout Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Women's Discipleship Leader

COST: Books OR Workbooks: \$12.99/ea (not recommended to use both)

DESCRIPTION: *It's Not Supposed to Be This Way* offers a safe guide, fresh biblical insight, and life-giving perspectives for living in between Eden and eternity. With grit, vulnerability, and honest humor, Lysa helps readers: stop being pulled into the anxiety of disappointment by discovering how to better process unmet expectations and other painful situations; train themselves to recognize the three strategies of the enemy so they can stand strong and persevere through unsettling relationships and uncertain outcomes; discover the secret of being steadfast and not panicking when God actually does give them more than they can handle; shift their suspicion that God is cruel or reckless to the biblical assurance that God is protecting and preparing them.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Very Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide or book for their weekly devotion and group time.

CONTACT POINT: Your Women's Discipleship Leader



REAL LIFE

GROUPS



Curriculum Overview

JAMES: MERCY TRIUMPHS

NAME OF RESOURCE: James: Mercy Triumphs

TOPIC: The life of James

AUTHOR: Beth Moore

PUBLISHER/PROVIDER: Lifeway

LENGTH OF STUDY: 8-9 Weeks

TARGET AUDIENCE: Women's Life Groups and Women's Breakout Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Women's Discipleship Leader

COST: DVD: check out w/ deposit or download @ lifeway.com for \$7.99/session; Workbooks: \$15.99/ea

DESCRIPTION: *James* provides a personal study experience five days a week plus viewer guides for the 8 video sessions of this in-depth women's Bible study. James, Jesus's own brother, started out as a skeptic. See how one glimpse of the resurrected Savior turned an unbeliever into a disciple. Bible scholars compare James to the prophet Amos. In other ways, James more closely resembles the Book of Proverbs than any other New Testament book. Topics in this study include joy hardship, faith, reversal of fortunes for rich and poor, wisdom, gifts from above, single-mindedness, the dangers of the tongue, humility, and prayer.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time. Additionally, the video series is recommended to watch during each group and discuss.

CONTACT POINT: Your Women's Discipleship Leader



REAL LIFE

GROUPS



Curriculum Overview

JUST OPEN THE DOOR

NAME OF RESOURCE: Just Open the Door: How One Invitation Can Change a Generation

TOPIC: Personal Growth

AUTHOR: Jen Schmidt

PUBLISHER/PROVIDER: Lifeway

LENGTH OF STUDY: 6-7 Weeks

TARGET AUDIENCE: Women's Life Groups and Women's Breakout Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Women's Discipleship Leader

COST: Books: 10 OR Workbooks: \$12.99/ea (not recommended to use both)

DESCRIPTION: For many of us, inviting people into our lives and homes feels more like inviting judgment on our entertaining skills and stress on our already maxed-out schedules. But what if you knew that opening your front door had the power to radically change the world? To make an impact and leave a legacy with everyday invitations? Every time we choose open-door living, whether in our homes or by taking hospitality on the road just like Jesus, those we invite in get to experience the lived-out gospel, and we trade insecurity for connection.

HEAD • HEART • HANDS:

- **HEAD:** Good
- **HEART:** Very Good
- **HANDS:** Very Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide or book for their weekly devotion and group time.

CONTACT POINT: Your Women's Discipleship Leader



REAL LIFE

GROUPS



Curriculum Overview

SEAMLESS

NAME OF RESOURCE: Seamless: Understanding the Bible as One Complete Story

TOPIC: Understanding the Bible as one complete story

AUTHOR: Angie Smith

PUBLISHER/PROVIDER: Lifeway

LENGTH OF STUDY: 7 Weeks

TARGET AUDIENCE: Women's Life Groups and Women's Breakout Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Women's Discipleship Leader

COST: DVD: check out w/ deposit or download @ lifeway.com for \$2.99/session; Workbooks: \$13.99/ea

DESCRIPTION: *Seamless* covers the people, places, and promises of the Bible, tying them together into the greater story of Scripture. Whether you've grown up hearing Bible stories or you're exploring Scripture for the first time, the full story of the Bible can be overwhelming.

Experience the Bible as a whole as you gain clarity and confidence in your understanding of Scripture. Discover a biblical context that reshapes and brings to life stories from the Old and New Testaments.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time. Additionally, there is an optional video to utilize as a resource.

CONTACT POINT: Your Women's Discipleship Leader



REAL LIFE

GROUPS



Curriculum Overview

THE BOOK OF 1 CORINTHIANS

NAME OF RESOURCE: The Book of 1 Corinthians

TOPIC: A study of 1 Corinthians

AUTHOR: Jennie Allen

PUBLISHER/PROVIDER: RightNow Media

LENGTH OF STUDY: 12 Weeks

TARGET AUDIENCE: Women's Life Groups and Women's Breakout Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: rightnow.org OR reallifeministries.com/post-falls/resources/right-now-media

COST: Video: free; Leader Guide: free; Additional Resource Book: \$25/ea

DESCRIPTION: Christianity call us to sacrifice instead of living for oneself. We have to choose one or the other—we can't do both. The Christians in Corinth tried to live the Christian life in a worldly way. Paul wrote the letter of 1 Corinthians to a divided and self-centered people to remind them to follow Jesus and only Jesus.

In this 12-part series, author and speaker Jennie Allen walks into the messy lives of the Corinthians and takes us through Paul's words to the conflicted church. We'll see how the truth of the gospel and the Spirit of God can empower us to choose to follow Jesus every day of our lives.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Good

SUGGESTIONS FOR HOW TO USE: Watch each weeks' video together on RightNow Media. The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time. Additionally, *The Book of 1 Corinthians* by Jennie Allen is recommended.

CONTACT POINT: Your Women's Discipleship Leader



REAL LIFE

GROUPS



Curriculum Overview

WE SAVED YOU A SEAT

NAME OF RESOURCE: We Saved You a Seat: Finding and Keeping Lasting Friendships

TOPIC: Finding and keeping lasting friendships

AUTHOR: Lisa-Jo Baker

PUBLISHER/PROVIDER: Lifeway

LENGTH OF STUDY: 7 Weeks

TARGET AUDIENCE: Women's Life Groups and Women's Breakout Groups

MEDIA STYLE: Download Book Workbook Video

HOW TO OBTAIN: Real Life Ministries' Women's Discipleship Leader

COST: Workbooks: \$13.99/ea

DESCRIPTION: In this 7-session Bible study, Lisa Jo Baker and friends from (in)courage explore our relationship with Jesus as the ultimate model for authentic friendship. Nothing shapes us like the impact of a friend—it's how Jesus radically and intimately connects with us. So instead of chasing perfection, overcome your fear of being known and find courage to connect.

HEAD • HEART • HANDS:

- **HEAD:** Very Good
- **HEART:** Very Good
- **HANDS:** Very Good

SUGGESTIONS FOR HOW TO USE: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

CONTACT POINT: Your Women's Discipleship Leader

