

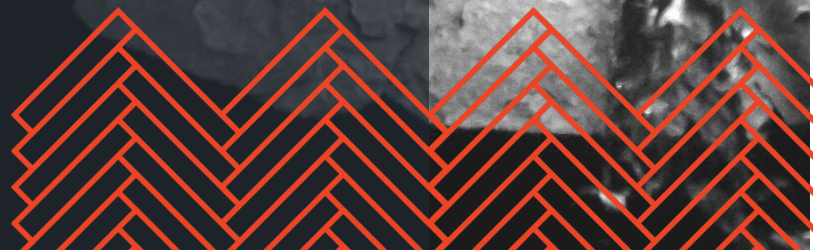


REAL LIFE

GROUPS

LIFE GROUP COACHING

Fall 2019





REAL LIFE GROUPS



REAL LIFE
MINISTRIES

August 2019
Version 1.0



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Life Group Coaching

BASIC REQUIREMENTS

In order to Coach our Life Group Leaders to be intentional and effective we need to first be accomplished at doing everything we ask of them. You're being invited into the Coaching Community because we've seen these characteristics in you.

Acts 20:28 (NIV)

²⁸ Keep watch over yourselves and all the flock of which the Holy Spirit has made you overseers. Be shepherds of the church of God, which he bought with his own blood.

- **Leading a Life Group (LG):**

We want to keep our best Life Group Leaders in the game. It is important that we remain practitioners to remain relevant and not become consultants. Outside of LG this involves maintaining consistent communication with the Community Pastors, making sure our weekly LG and Weekend Service attendance are input in ROCK and keeping our rosters up to date.

- **Branching a Life Group:**

In order to help the leaders you are Coaching to successfully navigate the branching process it's imperative that you've navigated through that process yourself.

- **Life Group Leader Basic Training:**

The Life Group Leader Basic Training class has been designed to give an overview of everything that is expected from a Life Group Leader. It is important that Coaches have a working knowledge of this material so that they can potentially lead through this material, with Apprentices and Leaders, in the future.

- **Discipleship Training Manual (DTM):**

It is desirable for Life Group Leaders and Coaches to fully know this resource and be able to lead someone else or their Life Group through the DTM. This is one more step to understanding the discipleship process and being fully immersed in RLM – DNA.



EXPECTATIONS

In order to Coach our Life Group Leaders to be intentional, we need to commit to being in relationship with them in community, available for them and walking with them as they grow and mature. In addition, we need to help Life Group Leaders become more effective as Life Group facilitators and disciple makers.

Ephesians 4:11–13 (NIV) ¹¹ *So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers,* ¹² *to equip his people for works of service, so that the body of Christ may be built up* ¹³ *until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.*

- **Intentional Relationship:**

There are many ways to build an intentional relationship between the Coaching couple and the LG Leader couple. One suggestion would be to have a dinner together.*

- This could be only the Coaching couple with the LG Leader couple.
- This could be in a group huddle setting with more than one LG Leader couple.
- To be expensed to RLM.

- **Evaluate:**

We should only expect what we inspect. In order to effectively evaluate Life Group Leaders it is best to attend their Life Group. The following is recommended:

- Visit the Life Groups 2 times per year.
- Evaluate the Life Group each time with the sections of the Life Group Evaluation Form that pertain to that visit.

- **Debrief:**

They don't know what we don't share with them. Spending follow-up time with the LG Leader after each visit allows for evaluation review and debrief, helping them to grow as leaders.

- This could be one-on-one with coffee or lunch.*
- This could be couples with coffee or lunch.*
- This could be in a group huddle setting with more than one LG Leader.*

- **Communicate:**

Consistent communication with your Life Group Leaders not only keeps you up to date with what is happening in their LG, it also shows that we value them. Some of the areas to communicate would be:

- Weekly Group Attendance.
- Weekly Service Attendance review.
- New Group Member/Visitor follow-up.
- Keeping rosters accurate and up to date.

*** We invest in what we value. We know you are investing your time energy and effort into Coaching. We believe that is so valuable that we've built these expenses into our budget.**



COACHES COMMUNITY

There are a variety of additional opportunities, although not required, that will be available to Coaches as they have the availability and desire to grow and improve their skillsets.

Proverbs 27:17 (NIV) *¹⁷ As iron sharpens iron, so one person sharpens another.*

- **Events:**

Some of the additional opportunities to become involved in the Community Pastor/Coaches community for this year are:

- Chief's Hockey Game
- Fishing Tournament
- CP/Coach retreat

- **Trainings:**

Another opportunity is to participate in Basic Training and Experiential Trainings.

- Facilitate a small group at the Experiential Trainings.
- Help teach the Basic Training Class.

- **Participate:**

Assist your Community Pastors in the following areas:

- Weddings/Funerals/Baptisms
- Hospital/Hospice/Home Visits
- Lobby Sharking



LIFE GROUP EVALUATION FORM – PART A

Components	Review Items	Notes for Encouragement or Areas of Improvement
WELCOME & ENVIRONMENT	<ol style="list-style-type: none"> 1. Were LG members welcomed? 2. Environment clean & welcoming? 3. Refreshments available? 	
OPENING PRAYER / GROUP ROLES	<ol style="list-style-type: none"> 1. Who opened in prayer? 2. Was there delegation? 3. Other LG roles active? 	
GROUP GUIDELINES	<ol style="list-style-type: none"> 1. Guidelines reviewed? 2. LG aware of guidelines? 3. Handling of broken guidelines? 	
ANNOUNCEMENTS	<ol style="list-style-type: none"> 1. Upcoming events announced? 2. Special events announced? 3. LG events announced? 	
ICE BREAKER	<ol style="list-style-type: none"> 1. Was there an ice breaker? 2. Did the LG connect? 3. Other observations 	
SERMON DEBRIEF	<ol style="list-style-type: none"> 1. Was sermon debriefed? 2. Handling of sermon questions? 3. Other observations 	
MEN'S/WOMEN'S BREAKOUT	<ol style="list-style-type: none"> 1. Was there a breakout? 2. Who led the breakout? 3. Was there a difference from LG? 	
LESSON/STORY/PASSAGE	<ol style="list-style-type: none"> 1. Was there a lesson/story/passage? 2. Who did the lesson/story/passage? 3. How effective was the lesson? 	
CURRICULUM QUESTIONS TO ASK	<p>HEAD</p> <ol style="list-style-type: none"> 1. Were there head level questions? 2. Did the LG engage and answer? 3. Was the passage understood? 4. Other observations 	
	<p>HEART</p> <ol style="list-style-type: none"> 1. Were there heart level questions? 2. Did the LG engage and answer? 3. Did the LG connect relationally? 4. Other observations 	
	<p>HANDS</p> <ol style="list-style-type: none"> 1. Were there hands level questions? 2. Did the LG engage and answer? 3. Practical application discussed? 4. Other observations 	
ACTIVE LISTENING	<ol style="list-style-type: none"> 1. Did the LG Leader actively listen? 2. Did the LG respond positively? 	
PRAYER TIME / TIME MANAGEMENT / LANDING	<ol style="list-style-type: none"> 1. How was P/T managed? 2. Did the LG land on time? 	
NEXT WEEK'S GROUP DISCUSSION	<ol style="list-style-type: none"> 1. Was the next week previewed? 2. Were assignments/roles given? 	



LIFE GROUP EVALUATION FORM – PART B													
5 COMPONENTS		EVALUATION SCALE											
1	BIBLICAL FOUNDATION	Poor	1	2	3	4	5	6	7	8	9	10	Excellent
	1. Was there a Biblical component to the Life Group? 2. Was there context given to the passage? 3. Was the LG Leader prepared to review the passage? 4. How effective was their application of the curriculum? 5. Was the discussion Biblically based?				Notes:								
2	INTENTIONAL LEADER	Poor	1	2	3	4	5	6	7	8	9	10	Excellent
	1. Does the LG Leader know where everyone in the group is at on the spiritual maturity wheel? 2. Did they ask questions in relation to this knowledge? 3. Was the LG Leader prepared? 4. Were the components of LG followed?				Notes:								
3	RELATIONAL ENVIRONMENT	Poor	1	2	3	4	5	6	7	8	9	10	Excellent
	1. Did the size of the LG effect the relational environment? 2. Do the relationships within the LG go outside of group time? 3. Was the LG open, transparent, vulnerable? 4. Was there opportunity for others to share?				Notes:								
4	REPRODUCIBLE PROCESS	Poor	1	2	3	4	5	6	7	8	9	10	Excellent
	1. Did the leader understand My part, God’s part, Their part? 2. Was there evidence of discipleship happening? 3. Was there a delegation of roles				Notes:								
5	CHURCH ALIGNMENT	Poor	1	2	3	4	5	6	7	8	9	10	Excellent
	1. Was there theological alignment? (Doctrine) 2. Was there organizational alignment? (Structure) 3. Was there philosophical alignment? (Vision, Mission, Process) 4. Was there relational alignment? (Small Group)				Notes:								

Preparation Helps:

1. Have the curriculum they are using so that you can participate and take notes in the booklet. Then transfer you notes to this page afterward.
2. Read through all components above, before Life Group, so that they are fresh in your mind.
3. While attending the Life Group participate with the group and don't be obviously evaluating them during the group.
4. Keep your ration of feedback for the Life Group Leader about 2:1, 2 Encouragements to 1 Area of Improvement. (Utilize the encouragement sandwich concept)
5. Don't expect the Life Group Leader to "check all the boxes" for every Life Group. Evaluate the overall Life Group experience and pick some specific areas to encourage and to suggest improvements.



2019-20 CALENDAR

Date	Time	Event	Location
September 08, 2019	9:45 AM	301	Rm. 301
September 14, 2019	1:00 PM	Parenting Conference	Bldg 1 Auditorium
September 22, 2019	9:45 AM	301	Rm. 301
October 06 – November 03, 2019	11:30 AM	LGL Basic Training	Bldg 2 Auditorium
November 03, 2019	1:30 PM	LG Leadership Training	Bldg 2 Auditorium
December 08, 2019	9:45 AM	Leader Christmas Party	Cd'A Resort
January 19, 2020	1:30 PM	LG Leadership Training	Bldg 2 Auditorium
February 16 – March 15, 2020	11:30 AM	LGL Basic Training	Bldg 2 Auditorium
February 29, 2020	TBD	Marriage Conference	Bldg 1 Auditorium
March 13, 2020	TBD	Coaches – Chief's Game	Spokane Arena
March 23, 2019	5:30 PM	Beast Feast	Bldg 1 Auditorium
April 05, 2020	1:30 PM	LG Leadership Training	Bldg 2 Auditorium
May 15-17, 2020	TBD	Men's Retreat	TBD
May 29, 2020	TBD	Lake Day	Lake TBD
January 22-24, 2021	TBD	Coaches Retreat	TBD

Coaching Community Events

Leader/Coach Events

LG Leader Basic Training

LG Leadership Training

Men's Events

All Church Events



Life Group Leader Experiential Training Topics 3 Year Plan

We equip Life Group Leaders to cultivate biblical, healthy, fun Life Groups through experiential trainings. Expect to be empowered, have fun, and practice skills that will help you grow as a leader.

Year 1:

Training 1- November 3rd: The Journey - Finding Real Connection

Training 2 - January 19th: Calling Up - Passion, Potential, Purpose

Training 3 - April 5th: Blind Pilot - A Crash Course in Navigating Group Life

Year 2:

Training 1: What Really Matters? - Something Worth Giving Your Life For

Training 2: Human Foosball - How to have fun with your group

Training 3: What About Me? - How are you being fed as a leader

Year 3:

Training 1: Tool Belt - How to build an amazing group

Training 2: Sticks & Stones - Speaking truth or criticism, life or death

Training 3: Lost - What voices are you listening too?



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